

Name: _____

Your Heart

Anticipation Guide

Before

True or False

_____ 1. Your heart is closest to the right side of your chest.

_____ 2. Your heart is about as big as your fist.

_____ 3. Your heart is a strong muscle.

_____ 4. Your heart beats slower when you exercise.

_____ 5. A big animal's heart beats more slowly than a little animal's.

_____ 6. You should exercise for 30 to 60 minutes most days of the week.

After

True or False

___F___

___T___

___T___

___F___

___T___

___T___