

Table 3.

**Self-awareness**

- What did you experience during the COVID-19 pandemic?
- Now that we understand a bit about transmission, what are the activities you are doing or would normally do that would increase the risk of getting COVID-19 during a pandemic?
- After having run different trials in the simulations, how, if at all, have the results you found in your trial runs affected the decisions you would make to follow mitigation strategies if they were put in place in your community?
- Think about your experiences during the pandemic or an experience you heard about from someone. Reflect on this question: When did information influence how you experienced threats or protection?

**Social-awareness**

- How were the people around you affected by the pandemic (people who live in your household, nearby friends and family, or other people you know)?
- In the pandemic, many people--including those who are at high risk themselves or have family members who are-- have found that they had to engage in activities that increased their risk of getting COVID-19, whether they believed it was safe or not, for example, working or going to school in person and without distancing, taking care of others, or living or traveling in crowded conditions. If you are in this situation, how does it make you feel? If you are not in this situation, how do you think it would feel to be in it?
- Why do you think that certain communities were impacted more than others even though they had the same strategies in place from their states?
- How do you think these systemic, structural issues affect the effort to vaccinate and protect the people in the United States from the COVID-19 pandemic?
- What impact do you think these systemic, structural issues could have on how a pandemic ends?
- In 2021, Texas experienced major power outages after a winter storm. The areas that experienced the worst power outages were also some of the areas hardest hit by the COVID-19 pandemic and with many low-income households. Use the ideas of investment, disinvestment, threat, and protection to explain why some communities experienced more threats than others during this storm.
- Think about how history has repeated itself. What challenges do we face when learning from the past?
- What could we do to improve our ability to learn from the past?