Unit	Activity description	Suggested time allowance
Principle 1 – Understand the flow	Find a study area, make a drawing of the area, observe how water flows on the land.	Three 40-minute sessions
Principle 2 – The soil holds it all together	Observe the soil's texture, assess area for signs of erosion, identify the area's wildlife, assess the area's condition.	Five 40-minute sessions
Principle 3 – Keep the water on the land	Conduct a small land improvement project.	Three 40-minute sessions
Principle 4 – Understand the historical trends (Grades 4 and up)	Identify changes that have occurred over time, interview a watershed resident, envision the future watershed.	Five 40-minute sessions